



MOMS Club® of Glen Rock, NJ

APRIL 2007

Pres says..... A few MOMS have asked me what it is like to be the President of a MOMS Club. I thought this a great opportunity to explain a typical month for me. Our Club is pretty much run by its Coordinators & Executive Board Members as a team, and I oversee that team. Once a month, I meet with the Board to discuss the goings-on of the Club. I touch base monthly with our event Coordinators & any Coordinator working on a special project. Once a month, I preside over the Member's Meeting, informing members about what we are doing & hearing suggestions & concerns. I keep in touch with our International MOMS Club Coordinator to keep her abreast of what we are doing. Sometimes I take the liberty of planning new events. And lastly, I produce our monthly Newsletter. I will admit the Newsletter takes up half of my MOMS Club time. For that reason, I am in the process of forming a Newsletter Committee so the next President can focus on business & new ideas for the Club. The rest of the time, I get to enjoy all of you & our children & watch our Club grow & contribute to our Community. It has truly been a pleasure & a very satisfying experience for me.

I hope that explains things. Enjoy the warmer weather. Happy Spring!

Catherine

Open Coordinator Positions

The following coordinator positions are open. If you would like to volunteer, please contact anyone on the Board.

Playgroups Coordinator – Organize age-specific playgroups.

New Members Coordinator (One position available) – Welcome new members & provide them with New Members Binder.

Events Coordinator (2 positions available) – Head planning committee for Big Parties; Halloween, Winter, Spring & Summer.

Kids Craft Coordinator – Come up with monthly fun Crafts for the kids and locations to host them.

H.O.W.L. (Husbands whO Work Late) – Coordinate monthly dinner get-togethers with MOMS & kids.

Executive Board Positions will be Open until Elections

President – To preside at monthly Executive Board & Member's Meetings; act as liaison with the MOMS Club Corporation & with our Community; help Administrative Vice President with publicity in the Community; help Coordinators organize MOMS Club activities; prepare any reports for the Corporation.

Administrative Vice President – To assist the President in fulfilling her duties of office; assume the duties of President when she is not available; coordinate the Service Projects; & attend monthly Executive Board & Member's Meetings.

Membership Vice President – To promote membership in the group; publicize the group in the Community with the help of the President, the liaison to the Community; welcome potential & new members at Meetings; and assist the Treasurer in the collection of dues.

Secretary – To compile a roster of all members to be distributed monthly; contact existing members regarding membership renewal; coordinate or prepare any correspondence necessary for the support group in cooperation with the President, i.e. weekly update email; and take minutes of Executive Board Meetings, and to keep those minutes in a notebook for review by members and the Executive Board.

Treasurer – To be responsible for all funds of the group and to deposit all such funds into our MOMS Club bank account; maintain financial records of the group and keep them available for review by the Executive Board, members and the Corporation; receive and legally disperse any funds as directed by the Executive Board, and to give proper vouchers and receipts for any transactions; prepare and present a financial report to the Executive Board and members of the group at least once a year and to prepare any other financial reports as may be required of the Club.

Member's List/Board/Coordinators

Alison Pappalardo (Peter) 201-689-2214
 Amanda Weinberg (Michael) 201-447-3432
 Ameri Sardi (Geza) 201-857-2470
 Andrea Potto (Michael) 201-445-5998
 Ann Marie Cunningham (Mark) 201-857-8425
 Caroline Lederer (John) 201-612-9030
 Carolyn Stallone (Phillip) 201-652-4765
 Catherine Magner (Jonathan) 201-493-8239
 Cheryl Amsterdam Levine (Jeremy) 201-857-2997
 Cheryl Ellis (Rob) 201-612-6924
 Christine McAllister (Scott) 201-444-7944
 Christine Carr-Nemitoff (Adam) 201-493-7005
 Cindy Callahan (Michael) 201-251-0760
 Deborah Blumenthal (Scott) 201-857-2927
 Deirdre Smith (Mike) 201-447-2959
 Elizabeth Spence (Elan) 201-670-6184
 Emily Kakar (Rahul) 201-218-4213
 Erica Bratspies (Josh) 201-444-1630
 Erica Sass (Bruce) 201-857-8655
 Felicia Goldberg (Marc) 201-447-0147
 H. Dilek Beck (Doug) 201-857-2209
 Heather Wilke (Dave) 201-612-8128
 Jana Bosin (Andy) 201-493-9953
 Jane Gottschall (Craig) 201-857-2398
 Jennifer Casper (Timothy) 201-444-0712
 Jennifer Collado (Rudy) 201-689-1233
 Jennifer Dolan (Michael) 201-444-6446
 Jennifer Moodie (Jason) 201-529-3429
 Jessica Lee (Steven) 201-857-4141
 Jill Burkhardt (Andrew) 201-444-7327
 Jill Satorie (Jack) 201-301-2418
 Julia Kogan (Vlad) 201-251-0401
 Julianna Moore (Tom) 201-445-6725

EXECUTIVE BOARD MEMBERS

President – Catherine Magner (201)493-8239
Administrative V.P. – Linda Fass (201)444-2961
Membership V.P. – Carolyn Stallone (201)652-4765
Secretary – Suzanne Lagemann (201)445-3180
Treasurer – Alison Pappalardo (201)689-2214

INTERNATIONAL MOMS CLUB CONTACTS

MOMS Club Primary Coordinator – Cindy Stimson
 (973)527-3247, stimsonmomof3@optonline.net
MOMS Club Secondary Coordinator – Noel Llicardi
 (908)281-9718, nliccardi@patmedia.net

Katherine Birkenstock (Dave) 201-857-2996
 Katie Wedeen (Andrew) 201-670-0993
 Keri Kennedy (Bill) 201-612-6965
 Lanvi O'Malley (Bryan) 201-652-6033
 Leigh Houston (Patrick) 201-485-8017
 Linda Fass (Ken) 201-444-2961
 Lisa Viggiano (David) 201-652-1114
 Lynne Goldman (Arren) 201-652-5048
 Maureen Coughlin (Doug) 973-423-1047
 Megan LeBlanc (Bill) 201-447-6175
 Michele Silver (Steve) 201-652-6387
 Michelle Zimmerman (Keith) 201-445-2462
 Patricia Crane (David) 201-857-2353
 Paula Hegyi (Peter) 201-251-1015
 Rebecca Manning (Mark) 201-445-5755
 Sandy Pappas (Al) 201-444-8430
 Sharon Martin (Sean) 201-612-7719
 Sheila Haberman (Cory) 201-857-4347
 Shirley Mitri (Nabil) 201-398-0506
 Stasha Vicinanza (Gregg) 201-445-5928
 Stephanie Brennan (Sean) 201-493-8464
 Stephanie Ohnegian (Scott) 201-652-7751
 Suzanne Lagemann (Nick) 201-445-3180
 Suzanne Witkin (Brian) 201-251-0714
 Teri Kirsch (Cliff) 201-444-2915
 Theresa Roberts (Steve) 201-444-3169
 Tracy Davidoff (Scott) 201-670-6648
 Vicky Katzman (Andy) 201-251-2230
 Yemi Benedict-Vatel (Patrick) 201-612-0607

MOMS CLUB 2006-2007 COORDINATORS

The MOMS Club is able to run smoothly thanks to the efforts of our wonderful coordinators & committee volunteers. Thank you for offering your time.

MOMS Night Out – Linda Fass
Field Trips – Stasha Vicinanza
Playgroups – Felicia Goldberg
Speakers – Lanvi O'Malley
Culinary Delights – Ameri Sardi
Meals For MOMS – Caroline Lederer
Newsletter Contributor – Emily Kakar
Kid's Craft – Suzanne Witkin
New Members – Deirdre Smith & Jill Burkhardt
Events – Paula Hegyi
Charities Coordinator – Yemi Benedict-Vatel
Break Club Coordinator – Jennifer Dolan
H.O.W.L. Coordinator – Rebecca Manning
Web Master – Carolyn Stallone

MEMBERSHIP INFORMATION

Happy Birthday!!

MOMS

Jennifer Collado	4/08
Jessica Lee	4/09
Erica Bratspies	4/12
Michele Silver	4/15
Elizabeth Spence	4/19
Jana Bosin	4/24
Maureen Coughlin	4/26
Jennifer Moodie	4/29



Little Ones

Amy Zimmerman	4/02
Cooper Gottschall	4/03
Hope Lagemann	4/06
Jack Satorie	4/06
Rebecca Witkin	4/06
Dean Goldberg	4/07
Mya Mitri	4/09
Kayla Moore	4/11
Rachel Wedeen	4/21
Timothy Casper	4/26

TOYS FOR NEEDY TOTS!

Did the Holidays leave your toy bins groaning under pressure? Well, start saving those toys & books because the Charities Committee is looking to distribute gently used & new toys & books to at-risk families with young children. Look for an email with more details. Please contact Yemi B.V. at 201-612-0607 with questions.

Baby Shower for Charity!

The Charities Committee invites you to a baby shower on **Thursday, April 12th** for North Porch Women & Infant's Center at All Saint's Episcopal Church, at 40 Central Avenue, in Glen Rock. Hors d'oeuvres will be served at 6:30 & Dinner at 7pm (complimentary). Please RSVP to Barbara DeLaat at 201-445-0144. **And if you can't attend**, please feel free to donate goods from **10am to 4pm on April 12th** in the Parish Hall (Church Office is 201-444-6874).

About the Organization

The North Porch Women & Infants Center is an emergency service providing 4-day supplies of essential baby goods for infants in Paterson, Newark, Dover, & surrounding areas. Founded in 1980, it operates 3 centers: St. Paul's in Paterson, Park Place in Newark, and St. John's in Dover.

Suggested donations include:

Similac formula liquid or powder (no super size cans); Baby Cereal (rice preferred); Baby Products (powder, oil, lotion, shampoo, bath fluid, diaper rash cream); Layette Items; Infant Bath Towel & wash cloths; Clothing for 0-6 months; Baby Bottles (4oz. preferred); Diapers & Sanitary napkins (for Mom).

For more information about MOMS Club Charities contact Yemi at 201-612-0607.

Thank you, it was so much FUN!

Thank you to Rebecca M. for organizing H.O.W.L. & Deirdre S. for hosting; Linda F. for organizing a wonderful Massage MNO; Jennifer D. for organizing Break Club & Theresa R. for hosting; & Stasha V. for organizing the Interactive Storytelling.

And a big THANK YOU to Cindy Callahan for organizing a spectacular KidsU Winter Party!

If you are interested in Hosting an Event, please contact the appropriate Coordinator, pg 2.

COMMUNITY BLOOD DRIVE!

Bergen county is in dire need of blood donations! On **Sunday, May 6th**, a Community Blood Drive will be held inside **St Catharine's Community Center (on Maple Ave)** from **8:30am to 1:30pm**. *It only takes a few minutes to save a life!* Please mark you calendar and invite a friend, a neighbor or your husband to join you.

VOLUNTEERS NEEDED!!

The Glen Rock Poverty Project (GRPP) needs volunteers! The GRPP is a week-long, town-wide event in **May** created to help raise money for a needy family as well as to educate our kids about poverty in the world. *Proceeds from the event will go towards building a Habitat For Humanity home in Paterson.* The MOMS Club is planning to help with this event by donating our time. Please let Linda Fass know if you are interested in volunteering just an hour or two of your time for this worthy cause. **Specific details will follow - right now we are just recruiting volunteers.** Please contact Linda at 201-444-2961 linda@phoenixpromo.com.

MEMBERSHIP INFORMATION cont...

MOMS Club "Break Club"!

Join us for a fun break on Wednesday, April 18th at 9:30am at Carolyn Stallone's home (123 Central Avenue). Beverages & snacks will be provided. Please RSVP to Carolyn at candac_home@yahoo.com or 201-652-4765 by April 16th. Limit 10 moms.

NEWSLETTER DISTRIBUTION

With the launch of our new Web Site and the emailing of the Newsletter in PDF format, we thought some moms would be willing to be taken off of the snail mail list. Please let Catherine M. know if you would be willing to do so at cmagner@optonline.net. Thanks.

MEALS FOR MOMS!

Please remember to call Caroline Lederer at 612-9030 when you have a new baby so that she can coordinate meals & groceries for you. In addition to meals for moms with new babies, please contact Caroline if you believe someone, due to illness, death, etc., could benefit from having groceries delivered or a meal cooked for their family. Thank you.

MOMS Club of Glen Rock Web Site!

Our Web Site is Active! Keep up to date on Club events, download Newsletters, submit recipes, look at our picture gallery, find local information about the area & chat with other moms. Visit the MOMS Club of Glen Rock Website at <http://momsclubgmj.tripod.com>. For login/password or more information about the site contact Carolyn S. at candac_home@yahoo.com.

BARNES & NOBLE "STORYTIME"

B&N offers Storytime at Riverside Square Mall every Tues & Thurs at 11am & at Rt.175 Paramus on Weds with craft at 4pm. Meet us there on the 4th & 26th in the Children's section. For more information on Storytime please call the Riverside Square Mall B&N at 488-8037 and the Paramus Rt.175 B&N at 445-4589.

INFANT & CHILDREN'S CPR

John DeLaat, the chief of GR's Volunteer Ambulance Corp., has offered to teach one or more non-certification CPR courses during March & April. Cost per person is \$30, limit is 12 persons per session. Join us on Tues., April 24th at Cheryl Amsterdam Levine's (38 Oxford Place) from 7-8:30pm. If you would like to attend, please make checks out to Lanvi O'Malley & mail to 62 Ridge Rd., GR, NJ 07452, with an rsvp no later than April 21st. For more information, contact Lanvi O'Malley at 652-6033.

This is not a MOMS Club sponsored Event. We are informing our Members because we feel the information is relevant to stay-at-home moms.

SPEAKER ON WILLS!!!

Have you put off preparing an estate or living will? Then join us on April 17th at 7:30pm at Lanvi O'Malley's (62 Ridge Rd). Matt Nolfo, a GR resident & NY-licensed attorney, will be speaking on the importance of having a will & its requirements. Even though Matt won't be able to draft your will that evening, he'll answer your questions & get you started. Please RSVP to Lanvi at 201-652-6033 by Thursday, April 12th.

This is not a MOMS Club sponsored Event. We are informing our Members because we feel the information is relevant to stay-at-home moms.

NEWSLETTER COMMITTEE!

The Board is looking for moms interested in helping out with the production of our monthly Newsletter. If you would like to get involved, please contact Catherine M. at 493-8239 or cmagner@optonline.net.

MEMBERSHIP INFORMATION cont...

The Glen Rock Jewish Center Nursery School

682 Harristown Road (201) 652-6624

REGISTRATION FOR ALL PROGRAMS
CONTINUES THROUGHOUT THE YEAR

Nursery School – ages 2–4. State Licensed, Certified Teachers. Flexible Scheduling, A.M. & P.M. classes. CPR & First Aid Certified. Yoga & Music Specialists. Small Class Size. Secular & Judaic Cultural Curriculum.

Mommy & Me – ages 13–30 months, with their mother, father or babysitter. Facilitated by a professional Child Life Specialist. Crafts, music, stories & finger plays. Indoor & outdoor playtime. Discussions focusing on issues relevant to this age group.

Pee Wee Enrichment – ages 3 & 4. Available Monday–Friday afternoons, from 11:30, or 12:30 until 2:45p.m. Taught by a Certified Teacher. Exploration of art, artists, authors, nature, the environment, cooking, games, music, musicians, science and lots more.

MEMBER'S CORNER

Jennifer Collado Discovery Toys – Quality and Educational toys for your children. Please contact Jennifer at 689-1233 or at zoechili@optonline.net to book a Discovery Toys Party or to place an order.

Handcrafted Sterling Silver & Swarovski Crystal Earrings, Necklaces, Bracelets & Anklets – Stock pieces and custom designs available. All pieces sold separately and/or as sets. Great gifts for yourself or someone you care about. *Special discount for MOMS Club members.* Visit www.makanajewelry.com or contact Linda Fass at 201-444-7905.

ARE YOU IN NEED OF SOMETHING, LOOKING TO SELL SOMETHING OR DO YOU HAVE A HOME RUN BUSINESS? MEMBER'S CAN ADVERTISE HERE FOR FREE!!! CONTACT CATHERINE M. AT 493-8239 OR CMAGNER@OPTONLINE.NET.

MOMS CLUB DOES NOT ENDORSE OR GUARANTEE ANY PRODUCTS OR SERVICES ADVERTISED IN THIS NEWSLETTER.

April Events

ALL MEMBER'S MEETING

Please join us for our monthly Member's Meeting at the Glen Rock Public Library, in the community room downstairs, on **Friday, March 27 from 10-11am**. *As always, all Members are encouraged to attend the Meetings to discuss upcoming events, new ideas as well as bring suggestions to the group.* We will have a Toy Bag for our children to keep them entertained. FYI, all future Member's Meetings will be held on the last Friday of the month. The Library doesn't like to have food or drinks in their rooms, so please take with you whatever you bring: including diapers. Thank you!

KIDS CRAFT!

Spring is here! Let's get ready for the season by decorating a flower pot. Join us on **Thursday, April 19 at 3:30**. There will be a limit of 10 children. We still need a host house for the craft. If you are available to host, please let me know. RSVP to Suzanne W. at 251-0714 by April 13.

MOMS Night Out — Ladies Night at Blend!

Meet the girls at **7:30 on Thursday, April 19** for Ladies Night at Blend. Enjoy \$5 drink specials and a free appetizer or dessert with the purchase of an entree. Blend's menu offers an original mix of New American cuisine with a blend of international flavors; seafood, steaks and more. **Blend is located at 17 Chestnut Street in Ridgewood.** Complimentary parking is offered at Chestnut Street's Municipal Parking Lot. Just remember to ask a Blend staff member to validate your parking ticket and you will get your money back when you get your car. Please RSVP to Linda Fass by Tuesday, April 17 at lindaf@phoenixpromo.com or 201-444-2961.

Field Trip — Art of Play!

There is a terrific new children's art studio and play space called Art of Play. On **Tuesday, April 24th at 10am** we'll meet there and participate in painting, drawing, sculpting, collage making, felting, beading and more. Children can perform on the stage and play in the Tree Fort too while parents watch and relax. There is a cafe where you can purchase organic snacks and lunch. It is a wonderful experience for children of all ages. The cost is a discounted rate of \$10 per child (under 1 are free). Art of Play is located at 168 Main Street, Nyack, NY (only 30 minutes away). For more information go to www.artofplay.org or call 845-353-2352. RSVP to Stasha by April 20th at 445-5928. After April 20th, call Catherine Magner at 493-8239.

Culinary Delights — Dieter's Delight

It's April and most of us are thinking about the pool opening and bathing suit shopping. Bring your favorite low calorie app, entree, salad or dessert and your secrets of how to take it off and keep it off. Join us on **Tuesday, April 10, from 4-6pm.** Dinner foods will be served for the children. Hosted by Ameri Sardi at 47 Crestwood Dr. RSVP by Apr. 8 to Ameri @ 201-857-2470. Limit 7 MOMS.

April 2007

MOMS CLUB OF GLEN ROCK, NJ

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4 B&N STORYTIME Rt 175 Paramus 4pm Craft	5	6	7
8 RSVP to Ameri for Culinary Delights 857-2470 7 mom limit	9	10 CULINARY DELIGHTS. Ameri S.'s 4-6pm Dinner for kids.	11	12 RSVP to Lanvi for Speaker on Wills 652-6033 BABYSHOWER FOR CHARITY See blurb on pg.4 for details.	13 RSVP to Suzanne W. for Kids Craft 251-0714 10 children limit	14
15 EXECUTIVE BOARD MTG Carolyn's 9:30 am	16 RSVP to Carolyn for Break Club 652-4765 10 mom limit	17 RSVP to Linda for MNO 444-2961 SPEAKER-WILLS Lanvi's Home 7:30pm	18 BREAK CLUB Carolyn S.'s, 9:30am Snacks & Beverages	19 KIDS CRAFT. Host Needed 3:30pm MNO BLEND 7:30pm \$5 drink specials	20 NEWSLETTER DEADLINE!! Email Catherine cmagner@ optonline.net RSVP to Stasha for Field Trip 445-5928	21 RSVP to Lanvi for Speaker on CPR 652-6033
22	23	24 FIELD TRIP Art of Play 10am/ \$10 per/child over 1 SPEAKER-CPR Cheryl's Home 7-8:30pm/ \$30/adult	25	26 B&N STORYTIME Riverside Mall 11am Upstairs	27 MEMBER'S MTG GR Public Library 10-11am	28
29	30					

Children are welcome at all of our events, except for the MOMS Night Out. Please RSVP to each event as noted on the Calendar above. Please do not show up to an RSVP required event without calling the Host. If your plans change, please inform the Host. If your weekly playgroup is held at the same time as a group-wide event, please encourage your playgroup members to attend the group-wide event that week. Thank you.



MOMS Club of Glen Rock, NJ
c/o Catherine Magner
3 Ferguson Place
Glen Rock, NJ 07452

The MOMS Club® (MOMS Offering Moms Support) is a national non-profit group, specifically for mothers who have chosen to stay home with their children. Our goals include giving moral support to at-home mothers, providing a forum for topics of interest to women, giving mothers a voice in the community and performing service projects, especially those benefiting children and families. In addition to monthly member meetings, discussions or other planned activities, the MOMS Club also sponsors park play days, field trips, family parties and activities like playgroups, arts n' crafts, monthly moms night out and much more. Children are always welcome at all of our activities. The MOMS Club is a wonderful way to meet other at-home mothers who share your interests and concerns. For more information on the MOMS Club, please call our Membership Vice President, Carolyn Stallone, at 201-652-4765.