



MOMS Club® of Glen Rock, NJ

MARCH 2007

Pres says.....

As I am writing this column, the sun is beaming through my family room window. I can feel the warmth on my face telling me that Spring is on its way, and I can't wait! Having just returned from a vacation in Florida, I am looking forward to getting outside again.

I am happy to say that we have had quite a few moms show interest in the open Board & Coordinator positions. It has been a lot of fun for us to talk with them and help find their niche within our MOMS Club. Please don't hesitate to ask any one on the Board if you have any questions about any of the positions, whether they be open or not. You never know, something might just grab your interest.

Have a fantastic March & Happy St. Patrick's Day.

Catherine

TOYS FOR NEEDY TOTS!

Did the Holidays leave your toy bins groaning under pressure? Well, start saving those toys & books because the Charities Committee is looking to distribute gently used & new toys & books to at-risk families with young children **this April**. Stay tuned for more details. Please contact Yemi B.V. at 201-612-0607 with questions.

Open Coordinator Positions

The following coordinator positions are open. If you would like to volunteer your time, please contact anyone on the Executive Board.

Playgroups Coordinator – Organize age-specific playgroups.

New Members Coordinator (1 position available) – Welcome new members & provide them with New Members Binder.

Events Coordinator (2 positions available) – Head planning committee for Big Parties; Halloween, Winter, Spring and Summer.

Kids Craft Coordinator – Come up with monthly fun Crafts for the kids and locations to host them.

Meal for MOMS Coordinator – Coordinate meals for moms in need.

Executive Board Positions

President – To preside at monthly Executive Board & Member's Meetings; act as liaison with the MOMS Club Corporation & with our Community; help Administrative Vice President with publicity in the Community; help Coordinators organize MOMS Club activities; prepare any reports for the Corporation.

Administrative Vice President – To assist the President in fulfilling her duties of office; assume the duties of President when she is not available; coordinate the Service Projects; & attend monthly Executive Board & Member's Meetings.

Membership Vice President – To promote membership in the group; publicize the group in the Community with the help of the President, the liaison to the Community; welcome potential & new members at Meetings; and assist the Treasurer in the collection of dues.

Secretary – To compile a roster of all members to be distributed monthly; contact existing members regarding membership renewal; coordinate or prepare any correspondence necessary for the support group in cooperation with the President, i.e. weekly update email; and take minutes of Executive Board Meetings, and to keep those minutes in a notebook for review by members and the Executive Board.

Treasurer – To be responsible for all funds of the group and to deposit all such funds into our MOMS Club bank account; maintain financial records of the group and keep them available for review by the Executive Board, members and the Corporation; receive and legally disperse any funds as directed by the Executive Board, and to give proper vouchers and receipts for any transactions; prepare and present a financial report to the Executive Board and members of the group at least once a year and to prepare any other financial reports as may be required of the Club.

Member's List/Board/Coordinators

Alison Pappalardo (Peter) 201-689-2214
 Amanda Weinberg (Michael) 201-447-3432
 Ameri Sardi (Geza) 201-857-2470
 Andrea Potto (Michael) 201-445-5998
 Ann Marie Cunningham (Mark) 201-857-8425
 Caroline Lederer (John) 201-612-9030
 Carolyn Stallone (Phillip) 201-652-4765
 Catherine Magner (Jonathan) 201-493-8239
 Cheryl Amsterdam Levine (Jeremy) 201-857-2997
 Cheryl Ellis (Rob) 201-612-6924
 Christine McAllister (Scott) 201-444-7944
 Christine Carr-Nemitoff (Adam) 201-493-7005
 Cindy Callahan (Michael) 201-251-0760
 Deborah Blumenthal (Scott) 201-857-2927
 Deirdre Smith (Mike) 201-447-2959
 Elizabeth Spence (Elan) 201-670-6184
 Emily Kakar (Rahul) 201-218-4213
 Erica Bratspies (Josh) 201-444-1630
 Erica Sass (Bruce) 201-857-8655
 Felicia Goldberg (Marc) 201-447-0147
 H. Dilek Beck (Doug) 201-857-2209
 Heather Wilke (Dave) 201-612-8128
 Jana Bosin (Andy) 201-493-9953
 Jane Gottschall (Craig) 201-857-2398
 Jennifer Casper (Timothy) 201-444-0712
 Jennifer Collado (Rudy) 201-689-1233
 Jennifer Dolan (Michael) 201-444-6446
 Jennifer Moodie (Jason) 201-529-3429
 Jessica Lee (Steven) 201-857-4141
 Jill Burkhardt (Andrew) 201-444-7327
 Jill Satorie (Jack) 201-301-2418
 Julia Kogan (Vlad) 201-251-0401
 Julianna Moore (Tom) 201-445-6725

EXECUTIVE BOARD MEMBERS

President – Catherine Magner (201)493-8239
Administrative V.P. – Linda Fass (201)444-2961
Membership V.P. – Carolyn Stallone (201)652-4765
Secretary – Suzanne Lagemann (201)445-3180
Treasurer – Alison Pappalardo (201)689-2214

INTERNATIONAL MOMS CLUB CONTACTS

MOMS Club Primary Coordinator – Cindy Stimson
 (973)527-3247, stimsonmomof3@optonline.net
MOMS Club Secondary Coordinator – Noel Liccardi
 (908)281-9718, nliccardi@patmedia.net

Katherine Birkenstock (Dave) 201-857-2996
 Katie Wedeen (Andrew) 201-670-0993
 Keri Kennedy (Bill) 201-612-6965
 Lanvi O'Malley (Bryan) 201-652-6033
 Leigh Houston (Patrick) 201-485-8017
 Linda Fass (Ken) 201-444-2961
 Lisa Viggiano (David) 201-652-1114
 Lynne Goldman (Arren) 201-652-5048
 Maureen Coughlin (Doug) 973-423-1047
 Megan LeBlanc (Bill) 201-447-6175
 Michele Silver (Steve) 201-652-6387
 Michelle Zimmerman (Keith) 201-445-2462
 Patricia Crane (David) 201-857-2353
 Paula Hegyi (Peter) 201-251-1015
 Rebecca Manning (Mark) 201-445-5755
 Sandy Pappas (Al) 201-444-8430
 Sharon Martin (Sean) 201-612-7719
 Sheila Haberman (Cory) 201-857-4347
 Shirley Mitri (Nabil) 201-398-0506
 Stasha Vicinanza (Gregg) 201-445-5928
 Stephanie Brennan (Sean) 201-493-8464
 Stephanie Ohnegian (Scott) 201-652-7751
 Suzanne Lagemann (Nick) 201-445-3180
 Suzanne Witkin (Brian) 201-251-0714
 Teri Kirsch (Cliff) 201-444-2915
 Theresa Roberts (Steve) 201-444-3169
 Tracy Davidoff (Scott) 201-670-6648
 Vicky Katzman (Andy) 201-251-2230
 Yemi Benedict-Vatel (Patrick) 201-612-0607

MOMS CLUB 2006-2007 COORDINATORS

The MOMS Club is able to run smoothly thanks to the efforts of our wonderful coordinators & committee volunteers. Thank you for offering your time.

MOMS Night Out – Linda Fass
Field Trips – Stasha Vicinanza
Playgroups – Felicia Goldberg
Speakers – Lanvi O'Malley
Culinary Delights – Ameri Sardi
Meals For MOMS – Caroline Lederer
Newsletter Contributor – Emily Kakar
Kid's Craft – Suzanne Witkin
New Members – Deirdre Smith & Jill Burkhardt
Events – Paula Hegyi
Charities Coordinator – Yemi Benedict-Vatel
Break Club Coordinator – Jennifer Dolan
H.O.W.L. Coordinator – Rebecca Manning
Web Master – Carolyn Stallone

MEMBERSHIP INFORMATION

Happy Birthday!!

MOMS

Megan LeBlanc	3/04
Ann Marie Cunningham	3/07
Rebecca Manning	3/09
Catherine Magner	3/09
Julia Kogan	3/26

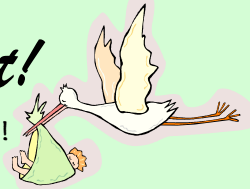
Little Ones

Michael Silver	3/06
Samantha Potto	3/10
Thomas Callahan	3/11
Andrew O'Malley	3/15
Edward Cunningham	3/17
Leah Blumenthal	3/20
Charlotte Brennan	3/29



Stork Alert!

Welcome our new babies!



Congratulations to Jennifer & Rudy Collado who welcomed **Elena Raquel** on February 1. Elena, who joins big brother Tomas, weighed 5 pounds, 14.4 ounces.

As is the MOMS Club tradition, if you would like to cook or shop for the Collado family, please contact Caroline L. at 612-9030.

In addition to meals for moms with new babies, please contact Caroline if you believe someone, due to illness, death, etc., could benefit from having groceries delivered or a meal cooked for their family.

Welcome New MOMS!!

Please join me in welcoming our newest members.

Vicky, Andy, Ben, Max & Eve Katzman.
Cheryl Ellis, Rob & Jason Beshar.
Katherine, Dave & Sarah Birkenstock

Thank you, it was so much FUN!

Thank you to Rebecca M. for organizing H.O.W.L.; Linda F. for organizing Movie Night; Jennifer D. for organizing Break Club & Michele S. for hosting; Ameri S. for organizing Awesome Apps & Jennifer D. for hosting; Suzanne W. for organizing & hosting Kid's Craft; & Stasha V. for organizing Tots in Motion.

If you are interested in Hosting an Event, please contact the appropriate Coordinator, pg 2.

H.O.W.L. Club Get Together

H.O.W.L. (husbands who work late) will be meeting on **Thurs., March 15th from 4-6pm** at Deirdre S.'s home to celebrate St. Patty's Day. Please bring a dish & enjoy some time with other moms & their children. Call Deirdre at 447-2959 by March 10th to let her know what you can bring. *Please call Rebecca M. at 445-5755 if you would be interested in being a H.O.W.L. host.*

Meals for MOMS Thank you!

Thanks to the following moms who volunteered to cook a meal or dropped off some treats for the Collado's; Jill Burkhardt, Patricia Crane, Stephanie Ohnegian, Michele Silver, Carolyn Stallone & Michelle Zimmerman. Please remember to call Caroline L. at 612-9030 when you have a new baby so that she can coordinate meals & groceries for you.

HELPING THOSE IN NEED

A big THANK YOU to Michelle Z., Stasha V., Ameri S., Jennifer C., Catherine M., & Patricia C. for donating clothes to local domestic shelters via our Club's Charities Committee. If you'd also like to donate winter clothing directly to local charities, please contact Yemi B.V. at 201-612-0607 for more information..

MOMS Club "Break Club"!

Join us for a fun break on Wednesday, March 28 at 10am at Theresa Robert's home (67 Waldron Avenue). Snacks & beverages will be provided. Please RSVP to Theresa at troberts1217@hotmail.com by March 26. Limit 10 moms.

MEMBERSHIP INFORMATION CONT...

MOMS Club of Glen Rock Web Site!

Our Web Site is Active! Keep up to date on Club events, download Newsletters, submit recipes, look at our picture gallery, find local information about the area & chat with other moms. Visit the MOMS Club of Glen Rock Website at <http://momsclubgmj.tripod.com>. For login/password or more information about the site contact Carolyn S. at candac_home@yahoo.com.

Books & Volunteers Needed for the Friends of the Library Annual Book Sale!!

The Glen Rock Public Library is collecting books for their annual Book Sale, from now until March 12. Bring them to the front desk. (Please, no magazines, textbooks or encyclopedias.) Money raised goes back into the Library. Volunteers needed to sort books. If you would like to help out, please email Georgette at Ggv63@aol.com.

The Glen Rock Jewish Center Nursery School

682 Harristown Road (201) 652-6624

REGISTRATION FOR ALL PROGRAMS CONTINUES THROUGHOUT THE YEAR

Nursery School – ages 2–4. State Licensed, Certified Teachers. Flexible Scheduling, A.M. & P.M. classes. CPR & First Aid Certified. Yoga & Music Specialists. Small Class Size. Secular & Judaic Cultural Curriculum.

Mommy & Me – ages 13–30 months, with their mother, father or babysitter. Facilitated by a professional Child Life Specialist. Crafts, music, stories & finger plays. Indoor & outdoor playtime. Discussions focusing on issues relevant to this age group.

Pee Wee Enrichment – ages 3 & 4. Available Monday–Friday afternoons, from 11:30, or 12:30 until 2:45p.m. Taught by a Certified Teacher. Exploration of art, artists, authors, nature, the environment, cooking, games, music, musicians, science and lots more.

ARE YOU IN NEED OF SOMETHING, LOOKING TO SELL SOMETHING OR DO YOU HAVE A HOME RUN BUSINESS? MEMBER'S CAN ADVERTISE HERE FOR FREE!!! CONTACT CATHERINE M. AT 493-8239 OR CMAGNER@OPTONLINE.NET.

INFANT & CHILDREN'S CPR

John DeLaat, the chief of GR's Volunteer Ambulance Corp., has offered to teach one or more non-certification CPR courses during March and April. Cost per person is \$30, limit is 12 persons per session. We are looking for hosts for these training session in the evening (1.5 hrs) with enough floor space to accommodate the group plus a few training dummies. Once the dates & locations are finalized, we will provide more information. If you would be interested in attending and/or hosting, please contact Lanvi O'Malley at 652-6033. This is not a MOMS Club sponsored Event. We are informing our Members because we feel the information is relevant to at-home moms.

SAVE THE DATE, April 17th!!!

Have you put off preparing an estate or living will? Then don't miss this opportunity to meet Matt Nolfo, a GR resident & NY-licensed attorney, who will be speaking on the importance of having a will & its requirements. Even though Matt won't be able to draft your will that evening, he'll answer your questions & get you started. More information to come in the April Newsletter. This is not a MOMS Club sponsored Event. We are informing our Members because we feel the information is relevant to at-home moms.

MEMBER'S CORNER

Jennifer Collado Discovery Toys – Quality and Educational toys for your children. Please contact Jennifer at 689-1233 or at zoechili@optonline.net to book a Discovery Toys Party or to place an order.

Handcrafted Sterling Silver & Swarovski Crystal Earrings, Necklaces, Bracelets & Anklets – Stock pieces and custom designs available. All pieces sold separately and/or as sets. Great gifts for yourself or someone you care about. *Special discount for MOMS Club members*. Visit www.makanajewelry.com or contact Linda Fass at 201-444-7905.

MOMS CLUB DOES NOT ENDORSE OR GUARANTEE ANY PRODUCTS OR SERVICES ADVERTISED IN THIS NEWSLETTER.

MEMBERSHIP INFORMATION cont...

BARNES & NOBLE "STORYTIME"

B&N offers Storytime at Riverside Square Mall every Tues & Thurs at 11am & at Rt.175 Paramus on Weds with craft at 4pm. Meet us there on the 7th & 27th in the Children's section. For more information on Storytime please call the Riverside Square Mall B&N at 488-8037 and the Paramus Rt.175 B&N at 445-4589.

NEWSLETTER DISTRIBUTION

With the launch of our new Web Site and the emailing of the Newsletter in PDF format, it seems redundant to snail mail the Newsletter. Some moms really like it, so we will continue to do so. But if you would be willing to be taken off of the snail mail list, please let Catherine M. know at cmagner@optonline.net. Thanks.

FUTURE EVENTS AT PLAYART

If you would like to see more Events scheduled at PlayArt, please contact Catherine M. at 201-493-8239 or at cmagner@optonline.net. As always, all thoughts and suggestions are welcome. Thanks. Catherine

experience with a creative approach

www.myplayart.com

NEW Play Art Programs



SUMMER ART CAMP

A Creative Summer of Fun!

(ages 3-13 yrs)

Early Bird Registration now until March 29th

- Winter classes offered all day long
PlayArt: ages 3-7yrs StudioArt: ages 8-13yrs
- Birthday Parties
Think ahead and book now for a fun filled day!
- PlayArt with Mommy: ages 1-3yrs Fridays
- ClayArt: 5-8yrs Wednesdays

**NEW
PlaySaturday**



PlayArt Creative Learning Center

27 Chestnut St. 2A Ridgewood, NJ 07450 Tel: 201.857.2084

MEMBERSHIP INFORMATION cont...

NEED A NEW PLACE TO PLAY?

REGISTER FOR CLASSES NOW!

Kids U of Paramus offers classes for children 11-months old to 9-years of age! The 12 week courses build on skill development and are formulated to meet age-appropriate levels led by instructors who are trained in early childhood education. Classes begin at the Mommy and Me level and go up to age nine. In addition Kids U offers classes in cooking, sports fitness, science, and theater. A 50-minutes class is \$275 for 12 weeks, and a one-hour class is \$295 for the session. As a perk for students, the 2,000 sq. ft. indoor jungle gym known as the Play Quad is available whenever classes are in session at no extra charge for the entire semester. Sibling Play Quad passes also available! The indoor playground has slides, monkey bars, rope and canvas bridges, cargo nets, and a ball jam. **Yes we prorate, so you can join NOW!**



What Mom's Are Saying:

"The instructors are awesome." - "It's so clean." - "Her younger brother has something to do while she's in class." - "Now I don't have to hold play dates at home." - "I love that my friends and I have a place to sit and chat while the kids are in class."

Mommy & Me Gym

Encourage your child to run, jump, and climb. Each class ends with a musical segment.

Cooking

Children enjoy hands-on fun learning basic cooking and baking techniques along with art and music activities.

Junior Einsteins

Hands on projects, discovery experiments and scientific vocabulary are integrated through science themes such as insects, plant life, spiders, and many more.

Drop-Off Gym (3+ yrs)

Fundamental gymnastics and sports broken down to their smallest parts so that each child is a success.

Broadway Stars

Enhance your child's physical and mental development with singing, dancing, drama, and creative game play.

Sports Fitness

A non-competitive course for children to explore the fundamentals of sports and muscle movements.

Play Quad!



Kids U 407 Sette Dr Paramus NJ 07652 Phone: 201-225-0008

March Events

ALL MEMBER'S MEETING

Please join us for our monthly Member's Meeting at the Glen Rock Public Library, in the community room downstairs, on **Friday, March 30 from 10-11am**. *As always, all Members are encouraged to attend the Meetings to discuss upcoming events, new ideas as well as bring suggestions to the group.* We will have a Toy Bag for our children to keep them entertained. FYI, all future Member's Meetings will be held on the last Friday of the month. The Library doesn't like to have food or drinks in their rooms, so please take with you whatever you bring, including diapers. Thank you!

PLAYART WITH MOMMY!

Join us at PlayArt for some Mommy & Me fun, on **Wed., March 14, from 3-4pm for 1-3yr olds & from 4-5pm for 3yrs+**. Our little ones will get a chance to explore with different creative materials while incorporating sensory activities with color & art. We will have fun with projects such as painting, making play dough or fun with food, so PLEASE WEAR PLAY CLOTHES & PEPAARE TO GET MESSY!! **Cost is \$10 per child. They are located at 27 Chestnut Street in Ridgewood NJ.** Please RSVP by March 12 to Catherine M. at 201-493-8239 or cmagner@optonline.net. For more information on PlayArt call 201-857-2084 or visit www.myplayart.com.

MOMS Night Out — Chit-Chat & Chair Massage!


He's back!! Yes ladies, Ron Hudgens, Massage Therapist, will be working those great hands again for one of our favorite semi-annual events...Chair Massage Night. Why not treat yourself, you deserve it! The cost is \$14.00 for a 15 minute (fully clothed) chair massage. This event will take place on **March 22 from 7-10pm at Catherine M.'s, 3 Ferguson Place, in Glen Rock (off South Highwood Ave).** Space is limited for this fun & relaxing event so if you would like to attend please let Linda know by March 19 at 444-2961 or lindaf@phoenixpromo.com.

Field Trip — Interactive Storytelling & Playtime!

Come join us from **10-12pm on Tuesday, March 20th, at Unbelieva-Bills** for a fun morning of play and interactive storytelling! Play in the Enchanted Kingdom, a multi-story enclosed play structure, is followed by storytime in the Magical Theater where children bring such classic fairy tales as Little Red Riding Hood to life. *The Unbelieva-Bills Cafe is available for lunch afterwards.* **The cost is only \$7 per child for MOMS Club members.** Unbelieva-Bills is at 140 Hopper Ave, Walwick, NJ. RSVP to Stasha by March 18th at 201-445-5928.

March 2007

MOMS CLUB OF GLEN ROCK, NJ

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
4 WINTER BASH KIDS U 4-6pm	5	6	7 B&N STORYTIME Rt 175 Paramus 4pm Craft	8	9	10 RSVP to Deirdre for H.O.W.L. 447-2959 (Let her know what dish you are bringing)
11	12 RSVP to Catherine M. for PlayArt 493-8239	13	14 PLAYART Ridgewood (See Events Blurb for info).	15 H.O.W.L. Deirdre S's 4-6pm Bring a Dish	16 NEWSLETTER DEADLINE! Email Catherine cmagner@ optonline.net	17 
18 EXECUTIVE BOARD MTG Linda's House 9:30 am	19 RSVP to Linda for MNO 444-2961	20 FIELD TRIP Interactive Storytelling Unbelieva-Bills 10-12am \$7 per child	21	22 MNO MASSAGE Catherine M.'s 7-10pm \$14 for 15 min.	23	24
RSVP to Stasha for Field Trip 445-5928						
25	26 RSVP to Theresa for Break Club troberts1217@ hotmail.com	27 B&N STORYTIME Riverside Mall 11am Upstairs	28 BREAK CLUB Theresa R.'s, 10am Snacks & Beverages (10 mom limit)	29	30 MEMBER'S MTG GR Public Library 10-11am	

Children are welcome at all of our events, except for the MOMS Night Out. Please RSVP to each event as noted on the Calendar above. Please do not show up to an RSVP required event without calling the Host. If your plans change, please inform the Host. If your weekly playgroup is held at the same time as a group-wide event, please encourage your playgroup members to attend the group-wide event that week. Thank you.



MOMS Club of Glen Rock, NJ
c/o Catherine Magner
3 Ferguson Place
Glen Rock, NJ 07452



The MOMS Club® (MOMS Offering Moms Support) is a national non-profit group, specifically for mothers who have chosen to stay home with their children. Our goals include giving moral support to at-home mothers, providing a forum for topics of interest to women, giving mothers a voice in the community and performing service projects, especially those benefiting children and families. In addition to monthly member meetings, discussions or other planned activities, the MOMS Club also sponsors park play days, field trips, family parties and activities like playgroups, arts n' crafts, monthly moms night out and much more. Children are always welcome at all of our activities. The MOMS Club is a wonderful way to meet other at-home mothers who share your interests and concerns. For more information on the MOMS Club, please call our Membership Vice President, Carolyn Stallone, at 201-652-4765.